



# Saturday 3<sup>rd</sup> July 2010



## 1pm - 11pm

**Please come along and support your local groups**

**Knit and Knatter**

**Happy Hours**

**Little Acorns**

**Bar Hill Pre-School**

**British Legion**

**And many others**



### Food & Refreshments

**Bar-B-Q**

**Cream Teas**

**Jacket Potatoes**

**Ice Creams & Smoothies**



### Attractions

**Vintage Tractors, Crazy Golf, Bowls, Bouncy Castles,  
Inflatable slide, Assault Course, Demolition Ball, Bungee  
Assault Course and lots more!**

### Stalls

**Jewellery, Homemade Fudge, Aloe Vera, Jute Bags, Cards,  
Usborne Books, Mini IQ, Homemade Jams, Toys, Temporary  
Tattoos, Gimme gimiks and much more.**

### Entertainment

**Mad Science Show**

**& workshop**

**Puppet show**

**Clown Shows**



### Competitions

**Cookery  
Competition**

**Flag Design**



**Please tear off this page and keep it until July 3rd**



# **Bar Hill Fete**

## **Evening Entertainment**

**Starting at 6pm**

**We will be having a Disco &**

**Live Bands**

**including**

**GLAM'R'US**

**There will be hot food available all evening.**

**We would appreciate if everybody could follow some simple guidelines to allow everybody to enjoy the evening as much as possible.**

**If you bring your own food and drink, please take your rubbish home**

**Please do not bring any glass bottles, last year there was a big problem with broken glass.**

**Last year several people offered their help to pick up rubbish on Sunday morning. We would appreciate all help and will be meeting at 8am by the Village Hall. Black bags and Gloves will be provided. Thank you.**

### **Donations**

**We are very grateful to Fish 'n' Chicken, Waves and the Social Club; also to Andy Denton for his continued support.**



# BAR HILL NEWS

June 2010 Issue 475

**The Bar Hill News is also available on audio tape**

**If you, or someone you know, would benefit from this free service, please contact Julie at Camsight 01223 420033**



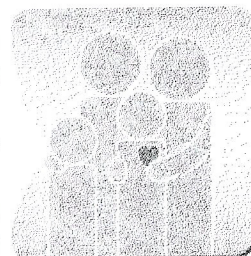
## MAKE A DIFFERENCE – BECOME A FOSTER CARER

Pathway Care, a local independent foster agency, is appealing to Cambridge residents looking to put something back into the community to consider becoming a foster carer.

Karen Parsons, Carer Recruitment Officer with Pathway Care East England region, commented: "Being a foster carer can be challenging work, but with it can come great satisfaction. In the UK there is an estimated shortage of 10,000 foster carers and it is very important to address this and get these children back into mainstream society."

"Foster carers come from all walks of life. Some possess transferable skills gained from a variety of work ranging from caring for the elderly, or people with disabilities, teaching assistants, retired police officers or coming from a background in the armed services. Others have enjoyed a very good life and want to improve the lives of others less fortunate than themselves."

"Here at Pathway Care, we have experienced staff who will support you all the way and provide ongoing training." If you think fostering could be for you, please contact our enquiry team on 0871 2263760, or visit our website to find out more: [www.pathwaycare.com](http://www.pathwaycare.com)



## Open Gardens

Ten gardens in Bar Hill will be open to visitors on Sunday 27 June, from 1 to 6 pm. This is an informal event intended for village residents and their friends. Teas and cold drinks will be available, plants and books will be on sale, and there will be a children's competition.

Start at one of the following addresses, at any of which you may obtain a programme giving you details and admitting you to all the gardens:

- ❖ 78 Foxhollow
- ❖ 9 Pheasant Rise
- ❖ 67 Little Meadow



The money raised will go to Botton Village, a community in the North York Moors established by the Camphill Village Trust. Botton provides homes and occupations for about three hundred adults with special needs. Come along to support this very worthwhile cause and enjoy an afternoon out at the same time.

Camphill Village Trust registered charity 232402

## Menzies Hotels

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**Copy date for the next issue is 15th June to Margaret Sellars at [bhneditor@yahoo.com](mailto:bhneditor@yahoo.com), or see page 30 for other contact details.**



Dear Editor

I would like to thank all residents who gave me their vote in the recent election. I am extremely grateful that you showed me such tremendous support and I am delighted to be given the opportunity to serve as your District Councillor for another four years. I will work hard to represent your interests at the District level. I believe that we at South Cambs District Council should see that efficient and effective services are provided and directed towards improving your quality of life and making the Council more responsive to your needs.

I would like to add to residents who voted differently, I am elected to serve everyone so please don't hesitate to contact me if I can be of any help.

Best wishes

*Bunty Waters*

01954 201421 / 07734 690580

[bunty.waters@ntlworld.com](mailto:bunty.waters@ntlworld.com)

Dear Editor

I would like to thank all those who voted for me in the District Council election. Given the make up of the new District Council (Conservative majority of one) my reasons for standing are even more valid. I hope that our Councillors now show some maturity and common sense, forget their political differences, and work together for the benefit of the good folk of South Cambridgeshire.

*John Doland*

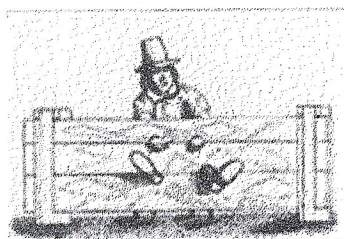
Robin Close

Dear Editor

My daughter and I would like to thank Dr Ranasinghe for her care over the past 20 years. Not only was she a knowledgeable and professional doctor, but also a very caring person. We will miss her, but wish her well in her new post in Australia.

*H and J Whipp*

Hollytrees



Set of punishment stocks suitable for use at the Fête. Must be used in conjunction with one of the fixed benches. For gift or loan.

01954 782441

## Bar Hill Community Market

Saturday 5th June

Saturday 10th July

10.30 am - 12.30 pm

In the Octagon

Many crafts and homemade produce items  
Refreshments and a chat.

If you wish to have a table costing £5 contact Karen  
Austen 01954 781085

Dear Editor

I travel a great deal around Buckinghamshire and am always impressed at how well farmers look after their hedges. I feel that one or two local farmers could benefit from seeing how hedges should be looked after. Many of the hedges surrounding several fields, previously set-aside for many years but now currently being farmed around Bar Hill, have been hacked at very unprofessionally, leaving unsightly masses of dead branches lying in piles (possible fire hazards)? Large gaps have appeared where hedges have been ripped out and just left to rot.

Birds and other wild creatures depend on these hedgerows for food and protection, but do the farmers care?

Perhaps it was the fact that residents used to enjoy picking blackberries from these now non-existent hedges that upset the farmers?

It would be interesting to know the reason why these hedgerows have been treated in such a cavalier fashion.

*C Kay*

Field View



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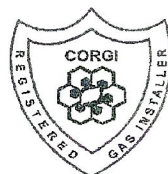
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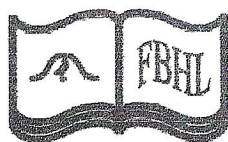
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## FRIENDS OF BAR HILL LIBRARY

### Time to talk in June

The next coffee morning will be on **3 June** in the Library, starting at **10 am** as usual. We were delighted by the May turnout in support of our Sit Down and Be Counted campaign. Thank you to all who came. Come along and sign our record sheet in June to show you care about your Library.

And please take note that the **July coffee morning** is on the first day of that month.



### Time to buy in June

The Friends will be having a stall at the **Community Market in the Octagon** on **5 June**, from **10.30 am** to **12.30 pm**. We shall not be able to have a stall at the Village Fête this year.

In case you are wondering, we do not sell library books, but books kindly donated to the Library. Many of those go onto the shelves. Those that are not needed by the Library come to us to help our funds. Also on sale will be some books that the Reading Circles no longer need. All of them will be excellent value for money.

### Time to listen in June

Our next illustrated talk will be held in the Library on **23 June**, starting at **7 pm**. We have a return visit from **Alan Maskell** of the Blue Cross in Cambridge.

This time he will be talking not about cats but about another great interest of his: **Beatrix Potter**. Best known as the writer and illustrator of twenty-three children's books, she was also a farmer and conservationist. Tickets are available from the Library at modest prices, with worthwhile concessions for Friends.

You are recommended to buy in advance as all the tickets for our previous talk were sold.

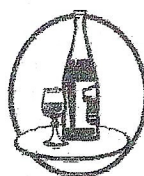


## FREE FABRIC

Useful for making bags, tea cosies, tablecloths and patchwork throws, or anything in the home. Also to raise funds for good causes – 01954 782877

## BIN COLLECTION DATES

|                   |                     |
|-------------------|---------------------|
| 3 June (Thursday) | Black bin           |
| 9 June            | Green bin and boxes |
| 16 June           | Black bin           |
| 23 June           | Green bin and boxes |
| 30 June           | Black bin           |
| 7 July            | Green bin and boxes |



## Sports and Social Club

The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large TV screens in high definition, play pool, darts, skittles and cribbage or enjoy a quiet drink in our conservatory bar. Visit our website for the latest news, [www.bhssc.org.uk](http://www.bhssc.org.uk)



## BAR HILL SCHOOL

June at Bar Hill School sees us saying goodbye to SAT's and assessment and hello to a wide range of activities.

**Bike It!** We have been selected to take part in this project and are one of only 9 schools in Cambridge to become a

Sustrans Bike It school. A representative of the scheme has been working closely with pupils, staff and parents to encourage safer cycling and promoting a pro-cycling culture. Years 5 & 6 took part in a 'Bike to School Breakfast' week and all Key Stage 2 will be learning how to maintain their bikes. We are hoping to access funding to provide more cycle racks or shelters so that more pupils will be able to cycle to school.

As current holders of the British Council International Award we will be holding an International Week between the 7th and 11th of June. Each area will be focussing on a different country and will be learning about various aspects of life related to that country, including food, clothing and traditions. We also intend to have an internationally themed menus with dishes from a different country each day. The International Week coincides with the beginning of our new topic Understanding English, Communication and Languages.

Our sponsored event this year is spelling in Key Stage 1 and maths in Key Stage 2. The children will soon be bringing home lists of words to spell or times tables and I'm sure they will be looking forward to learning them! June also sees lots of outdoor activities including Sports Day for Key Stage 1, Year 4 and Year 5 taking part in mini-Olympics and school trips for Year 6 and Reception. Key Stage 2 Sports Day will be in early July.

And finally, the Citizenship Group will be holding a Community Fayre in July. Further details in the school newsletter which is available on our website: [www.barhillschool.co.uk](http://www.barhillschool.co.uk)

## RESIDENTS' ASSOCIATION



Interested residents are always welcome at our meetings which are normally held on the second Monday of the month in the Parish Council Office at 8 pm. The next meeting will be on 14 June.





## **BAR HILL COLTS F.C.**

Even though the season is drawing to a close there still seems to be plenty of football being played and some great results for Bar Hill...

### **17<sup>th</sup>/18<sup>th</sup> April**

- U7 BH Foxes 2 – 10 Stapleford
- U8 Foxton 2 – 11 BH Bullets
- U9 BH Ravens 0 – 4 Hardwick
- U11 BH Bombers 10 – 0 Cambridge
- U11G Alconbury 1 – 0 BH All-Stars
- U12 Bar Hill 2 – 9 Ely
- U13 BH Raiders 1 – 11 S/Walden
- U14 C/Hinton 5 – 2 BH Rangers

### **24<sup>th</sup>/25<sup>th</sup> April**

- U7 BH Foxes 2 – 0 Caldecote
- U8 Papworth 0 – 8 BH Bullets
- U10 BH Eagles 5 – 2 Over
- U11 Shelford 5 – 7 BH Bombers
- U11G Haddenham – 0 BH All-Stars
- U13 BH Raiders 3 – 3 Linton (Friendly)

- U14 Papworth 0 – 0 BH Rangers

### **27<sup>th</sup>/28<sup>th</sup> April**

- U14 BH Rangers 3 – 1 Brampton
- U17 Brampton 2 – 2 BH Jets

### **1<sup>st</sup>/2<sup>nd</sup> May**

- U7 BH Foxes 5 – 7 Swavesey
- U8 BH Bullets 8 – 1 Swavesey
- U10 BH Eagles 0 – 1 Comberton
- U11 BH Bombers 5 – 0 Witchford
- U12 Ramsey 2 – 0 Bar Hill
- U17Histon 1 – 2 BH Jets

### **8<sup>th</sup>/9<sup>th</sup> May**

- U8 Willingham 4 – 5 BH Bullets
- U11 Sutton 0 – 6 BH Bombers
- U14G Comberton 1 – 4 BH Spitfires
- U12 Godmanchester 21 – 1 Bar Hill
- U13 Bottisham 1 – 3 BH Raiders (Chris Fordham Memorial Trophy)
- U14 BH Rangers 5 – 2 Burwell
- U17 BH Jets 1 – 1Brampton

### **Win for Raiders ... and a trophy!**

Bar Hill Raiders were invited to play in the Chris Fordham Memorial Match against Division D Bottisham. The Raiders started well, just two minutes in some great running meant that Maill Afaal arrived in the box just at the right moment to finish off a fluid passing move. Six minutes later a similar move saw Joseph Andrews arrive from the right wing to fire past the Bottisham keeper. Bottisham defended well and made the Raiders try some speculative shots from distance. On thirty-one minutes Josh Davies burst through the middle of the Bottisham defence and was able to pick his spot to beat the keeper. From

the start of the second half the Raiders continued to press forward with striker Adam Brown impressing with some runs through the Bottisham defence but after seventeen minutes Bottisham got one back. The rest of the match continued in the same vein with goalkeeper Jacob Curry rarely troubled. The final whistle sounded to a big cheer from the Bar Hill contingent who stayed on to see the Raiders receive their trophy and individual mementoes. An extra bonus was Jamie Watkins being awarded with a Man of the Match plaque.



## **BAR HILL COLTS PRESENTATION DAY**

**Saturday 12<sup>th</sup> June.**

Kid's activities start at 1.30.

Team presentations begin at 4.00 pm

On the Big Screen at 7.30:

\*\*\* England v USA \*\*\*

There will be a chance for the grown-ups to show off their football prowess (ladies & gentlemen!), bouncy castles, ice cream, a BBQ, and a licensed bar.

## **Football Festival for the Foxes**

The U7's took part in this annual Football Festival, over two weekends, in May. In their first game against Whittlesford, Bar Hill edged a close game 1-0 with Miles Harvey playing his first game in goal who made some great saves. Kieran Marsh did well breaking up the attacks and produced some moments of magic on the ball. A good performance at the other end from Thomas Cheesley helped Reece Flatts score a well deserved goal to take the game. The second game, against Ellesmere, was another close affair. John Cornwell scored the first goal and some good forward runs from Ollie Andrews and battling in midfield from Charlie Parker helped keep Bar Hill on top. The winner came after a fine solo run by Nik Ayhaee from his own half to shot past the goalkeeper. Bar Hill sadly lost 3-1 to Ellesmere but won 2-0 against Whittlesford to cap a great first weekends' football from the Foxes.

## **Rangers Finish on a High**

The beginning of the 09/10 season seemed a long time ago for the Under 14s. Bar Hill immediately applied pressure and Ashley Skelton found Matt Childs who shot just wide. Four minutes later Ben Lorraine crossed to Johnny Clarke Hassell who slotted home to make it 1-0. Luke Thomas had a cracking shot just turned over the bar and on 25 minutes Tom Clark had a shot which the Burwell keeper only just held. On 27 minutes Matt Childs hit the post and Ryan Patten picked up the rebound to make it 2-0 at half time. The start of the second half saw three Bar Hill goals in 5 minutes. First Ellis Lenton played a lovely ball through to Ryan Patten to make it 3-0. Then Ashley's corner found Ryan's head, 4-0. Matt then buried a penalty which Burwell's keeper never even saw coming. Two goals back for Burwell, made it 5-2. On 30 minutes Dan Paine picked up a quick throw from Ryan and shot just over. So the Under 14s finished a very good season on a high showing just how far they have come as a team. Man of the Match; Ryan Patten

## **Draw for Raiders**

Following a tough season in division A, the Raiders accepted an invitation to play Linton Aztecs in a friendly. The first half was dominated by the Raiders playing some good passing football. After 17 minutes their pressure was rewarded by Billy Fridgeon scoring with a thunderous free kick. Eight minutes later Joseph Andrews finished off a good passing move through the Aztecs defence to leave the field at half time 2-0 up. It was good to see the smiles on the faces of players, coaches and parents. Four minutes into the second half Linton scored with an own goal then levelled following a deep run through the middle of the Raiders defence. Six minutes later Adam Brown restored the lead with a brilliant solo goal. He beat three players before finding the corner of the Aztecs net. The jubilation however lasted only five minutes before the Raiders once again gifted the Aztecs an own goal. The final 20 minutes saw chances for both sides including a Joseph Andrews effort that was stopped on the line by the keeper. The final whistle signalled a 3-3 draw.



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You can raise funds by using the Easyfundraising search site at <http://forh.easysearch.org.uk> Friends of the Rosie will receive 1p for every search and if you make just 10 searches a day, you could raise £25 a year.

If you can improve our website, provide transport for our volunteers or display a small selection of our wares please contact a member of the committee, details are given on our website at [www.rosieinstitches.org.uk/volunteering.htm](http://www.rosieinstitches.org.uk/volunteering.htm).

Thank you for all your support.

## SWAVESEY AND OVER CONSERVATION SOCIETY (SOCS)

**SATURDAY  
12<sup>TH</sup> JUNE 2.30 PM  
VISIT TO OVER RAILWAY CUTTING  
NATURE RESERVE**



To see the progress of the additional butterfly and wildlife habitats with Trevor Grange

Meet near the windmill on Over to Longstanton Road  
Additional parking available at Norman Way Industrial Estate

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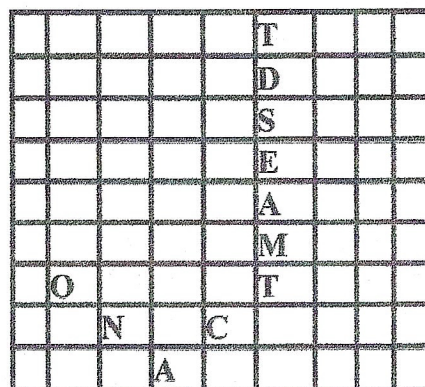
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Place the 27 three character TILES listed below in the grid above To form NINE words (in alphabetical order) quite often associated with JUNE

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ONS SCR THD  
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RIA SUN VAC

## DID YOU SOLVE MAY'S PUZZLE?

Accompany, Admirably, Amazingly  
Amorality, Comically, Compactly  
Customary, Dismaying and Machinery



## ROYAL BRITISH LEGION

This month 24 members were awarded Certificates or Badges for long service to Poppy Appeal, some members having served over ten years as collectors. To get these figures much research was done by Poppy Appeal Organiser Mike Conlan. Thank you all for your efforts. Things are easier now but I remember when in November the Old Mall was like a wind tunnel.

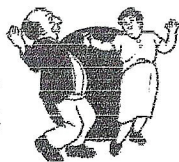
We meet on the 4th Thursday of each month at 8 pm in the Church Meeting Room.

Mary Shubotham  
781553



## HAPPY HOURS

May is the month we started our "summer" menus of salads. Could someone please tell the weatherman that means sunshine and warmth not these cold north east winds.



Our raffle last month raised £50 for Magpas and our speaker, Arthur Brookes from the American Cemetery, gave a very interesting talk and slide display. It's amazing the information they have on members of the forces and some civilians, often given by family who visit the cemetery.

It's sad to report our founder member, Phyllis James, has had a nasty fall and broken her arm. All our best wishes go to her for a speedy recovery.

Some members went on a holiday to Southport – a lovely Victorian town with many original features and some beautiful buildings. We didn't get to see the sea even from the end of the three-quarters-of-a-mile pier – just a vast expanse of sand. We had a lovely sunny day at Skipton with a 3-hour trip on the Liverpool/Leeds Canal including lunch, swing bridges, a beautiful bluebell wood and views to die for. A second trip we went on was to Bury where they have a huge market, indoor and out.

Our speaker this month will be from the Bobby Scheme. Our Parish Plan for the future we think will be "to be here" and hope it's a healthy and active one.

*Helen Collins*  
782203

### Football Project

The pitch is available to hire in the evenings. The pitch is suitable for football and many other sporting activities such as mini tennis, hockey, bowls, volleyball and multi sports – it's a great venue for birthday parties. If you wish to find out more about hiring the facility then contact our Bookings Secretary, Julie Marin on 781838. The officers of the Management Committee are:

Chairperson Alan Hewings  
Secretary Paul Thorby  
Treasurer Jairo Marin



### The Allotment Society

Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Keith Morris on 782441.

Any other allotment matters should be addressed to [bhallotment@hotmail.com](mailto:bhallotment@hotmail.com)



## HOW IS THE PARISH COUNCIL SPENDING THE MONEY?

You will remember that I have asked residents to give the Parish Council suggestions about how to spend some of the rental income from The Willows. The Council has decided on the following 4 projects:

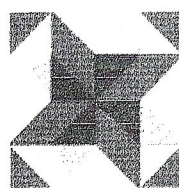
- 1 purchase of a one-man gritting machine to help keep the spine paths free from ice
- 2 planting of more trees and bulbs/flowers around the village
- 3 paving the area outside the Council office. At the moment it belongs to Tesco but they have agreed to give us a licence for it so that we can make it more attractive.
- 4 some work on Viking Way which will include a small amount of traffic calming in the hope that it will deter large lorries from parking there.

The first 3 items were suggested by residents and I would like to thank, once again, all those residents who replied to my request.

*Margaret Sellars*  
Chairman

### Meridian Quilters Exhibition

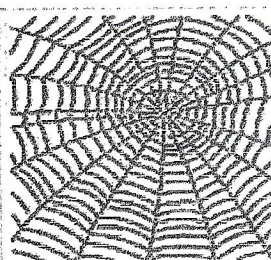
Saturday 19th and Sunday 20th June  
10 am – 4 pm



Our next quilt exhibition will be part of the Swavesey Festival and held in the main hall of Swavesey Village College. Entry is free; teas and cakes will be available along with a sales table for hand made items and a trader. A raffle will be held for a quilt made by the group with the proceeds going to the Teenage Cancer Trust. If you would like raffle tickets and cannot make it to the show call Carol on 01954 202136.

### CALLING ALL WEB DESIGNERS

The Residents' Association is looking for a volunteer to take over the design and upkeep of its website. If you are interested in helping the community in this way, please contact [appallan@yahoo.co.uk](mailto:appallan@yahoo.co.uk) where further information is available.



Perhaps you are a young person still at school or applying for a college place: this kind of work would be a favourable addition to your CV or college application form. This could also provide valuable experience for the next step in your career.

**PARENTS - show this to your young person!**



## THE FITNESS CLASS

**Mondays 7.30-8.30pm, The Church, Bar Hill**

Do you want to loose weigh, Get Fit, Tone Up? Scared some exercise classes will be too intimidating & hard to pick up? The class specializes in ladies fitness & is designed to be very easy to pick up whilst being challenging enough to suit any fitness level. It incorporates Aerobics, Pilates, Swiss ball, Boxercise, Resistance and Cardio exercise. £4 per class(10 for £32).

## OVER 55s CLASS,

**Tuesdays, 10-11am. The Church, Bar Hill**

Aimed at a pace suitable for the older adult to improve and maintain fitness, strength & mobility. £2.75 per class(10 for £24)

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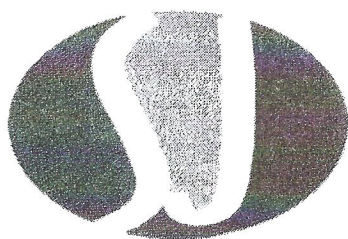
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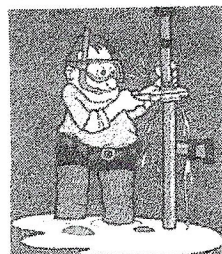
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## Family Fun @ Bar Hill Church—2010

June 13th, July 11th, August 8th, September  
12th, October 10th,  
November 14th, December 12th

Spend some quality time with your children and come along to the church, every 2nd Sunday of the month, starting at 3 pm.

Activities Crafts Chat Singing  
Story Prayer

Snacks for children Hot drinks for adults

Different themes every month

Services will be especially appropriate for pre-school age children, siblings are welcome

### 8 o'clock Club

The 8 o'clock Club meets at 8 pm on the first Thursday of the month in the school at Bar Hill during term time. Our programme for the half year is as follows:

3 June – garden party

1 July – Christopher and Janet South

New members are always welcome. If you would like to join us or come for a visit please come along to one of our meetings where we would be very pleased to see you. If you prefer to have a chat about the Club please telephone Barbara (204171) or Adela (204265)



We had suspicious circumstances reported to us from Gladeside and Little Meadow. One rowdy and inconsiderate behaviour in Stonefield, 2 burglaries, The Spinney and Hillcrest.

In the light of recent burglaries in Bar Hill area we would urge residents to be extra vigilant in securing their own homes and reporting any suspicious individuals or vehicles in the vicinity. Police presence in the area has been increased and we will continue to investigate all available avenues of enquiry both to apprehend offenders and to disrupt their criminal activities.

On a related note there has been an increase in the number of suspicious vehicles reported in the ward - we would encourage everyone to continue reporting these vehicles to us via our non-emergency number of 0345 456 4564 or anonymously via Crimestoppers on 0800 555 111



### Bar Hill Childminders

If you are thinking of going back to work or would just like to have a bit of time to yourself, then why not leave your child in a friendly family environment with a Childminder who is Ofsted registered, fully insured and First Aid trained. Childminders offer a wide range of activities including trips out to local toddler groups and parks, arts and crafts, music, stories and much much more. If you would like to find out more you can call any of the childminders listed below or just come along to our Coffee and Kids session on Thursday mornings between 9.45 am and 11.15 am.

### CHILDMINDERS WITH CURRENT VACANCIES:-

|                                                |        |
|------------------------------------------------|--------|
| Debbie (Tues, Wed, Thurs)                      | 201739 |
| Terri (from Sept)                              | 780458 |
| Kirsten Cox – see below                        | 202228 |
| (Mon, Tues, Thurs from April 0-5yrs – 8am-6pm) |        |
| Melanie                                        | 204496 |
| Kirsten Goodfield                              | 200228 |

### COFFEE AND KIDS

Coffee and Kids is run by Bar Hill Childminders for parents, carers and childminders of babies and pre school children. It is a very informal session held in the Octagon on Thursday mornings (term time only) from 9.45 am to 11.15 am. The price of £2 per family/childminder includes hot drinks for the adults and soft drinks and healthy snacks for the children. We have a large range of indoor and outdoor toys and a safe soft play area for babies. Call Debbie on

## Bar Hill Church Summer Holiday Club

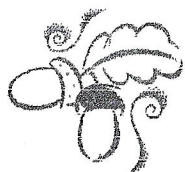
For children in reception to year 6  
Monday, 26th July to Friday, 30th July

See coming months for more information on how to book

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### Little Acorns Pre-school.

Little Acorns is situated in the SPARC building next door to the primary school. We are open every day, both morning and afternoon. A lunch club session is also available each day. Our opening times are 9-11.30 am and 12.30- 3 pm. Children may attend from their second birthdays.

We provide a variety of learning experiences, both indoor and out. Children are encouraged to be creative, and to explore and investigate the things in their world. All of our staff hold a childcare qualification and are trained in first aid and child protection.

We offer a 'places for all' policy. Every year we offer free or subsidised places to a number of families. If you feel that you would like to speak to us about this, we would love to hear from you. Please phone Sally on 201074 or drop in anytime. If you would like to book sessions please ring Gail on 203229 or on our pre-school number 07851803083.

We will be holding regular open days at the start of each term for our new starters (who will receive an invitation nearer the time). If you are interested in coming to look around too, please phone us to book your place, or if you would like us to send you some information and a registration form. Alternatively you may prefer to e-mail us at [s.gedny@ntlworld.com](mailto:s.gedny@ntlworld.com)

#### Hiring the rooms

The pre-school room is available to hire for parties and functions. The current charge is £7.50 per hour (a minimum charge applies). Booking forms are available in the lobby area or by calling Janine on 07879613731.



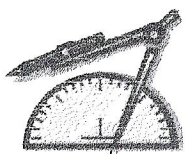
### NATIONAL WOMEN'S REGISTER

NWR is a countrywide network of autonomous groups of lively minded women. We promote friendship and self confidence, share ideas, discuss topics, listen to speakers and enjoy social events.

**10<sup>th</sup> June** England, our England – Choose a region and talk about food, custom, sayings etc. Bring anything associated with that chosen region - Venue: Marie-The's

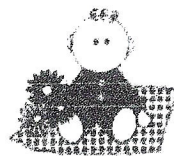
The Bar Hill group meets informally on alternate Thursday evenings and we pay just £1 per meeting to cover costs. All women are welcome. If you would like more information, or someone to accompany you to a meeting please do not hesitate to call Marie-Therese Last on 780329 or Kaye Fuller on 782403. NWR can also be found on [www.nwr.org.uk](http://www.nwr.org.uk); why not have a look!

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### Under 1's



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**Every Tuesdays Term time only.**

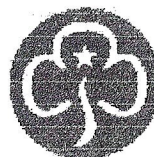
In the Octagon building at 9.30 –11.30 am

Charge is: £1.00

If you would like to know more, please contact me [Rossella.knight@ntlworld.com](mailto:Rossella.knight@ntlworld.com) or on 01954 203567

If you would like to come and feel that you would like to meet with myself before hand, please call or email me as above.

**\*\*\* For Under 1's and up to walking age only.\*\*\***



### TREFOIL GUILD

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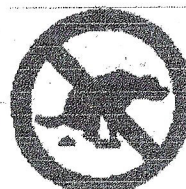
We will be having a walk round Fen Drayton Lakes, a craft evening, a visit to Hemingford Manor and lots more fun and visits.

### Research volunteers needed!

Children between the ages of 4-8 accompanied by one of their parents/guardians are invited to take part in a PhD project. The study takes place in your own home and involves playing a simple game together with your child. It takes approximately 30 min and as a token of appreciation you receive £8 and your child a certificate and a sticker.

For further information please contact Anja Lindberg on [anja.lindberg@student.anglia.ac.uk](mailto:anja.lindberg@student.anglia.ac.uk)

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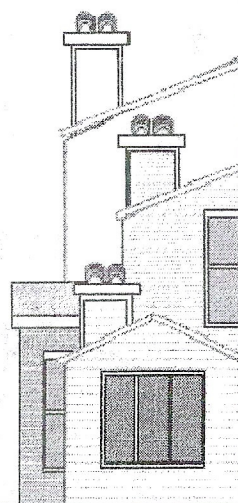
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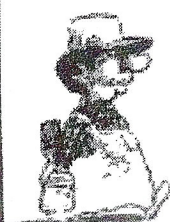
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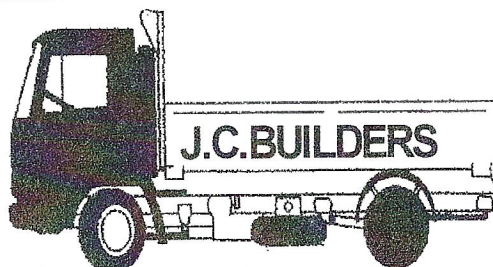
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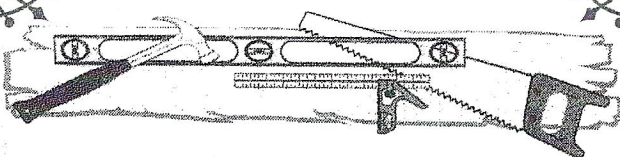
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- ♦ Bio sculpture nail extensions and natural overlays
- ♦ KMS / Goldwell appointed salon
- ♦ New for the summer - St Tropez spraytan treatment
- ♦ Appointments not always necessary

## P&P Home and Garden

Call 01954 782198 or 07954 372516

Email: [pphomeandgarden@hotmail.co.uk](mailto:pphomeandgarden@hotmail.co.uk)

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website :

[www.pphomeandgarden.vpweb.co.uk](http://www.pphomeandgarden.vpweb.co.uk)

## THE THERAPY ROOM

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**INDIAN HEAD MASSAGE**

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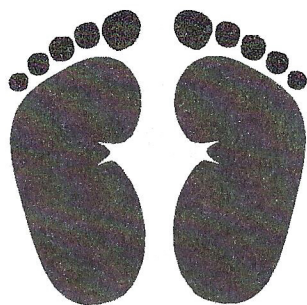
**STUCK FOR A PRESENT FOR A SPECIAL PERSON - GIFT VOUCHERS AVAILABLE**

Want to know more about treatments? Free consultation - by appointment only

'phone **HEATHER 781208** - Practice located in Bar Hill - Member Federation of Holistic Therapists

### Are you in need of a chiropodist ?

For a professional service in your own home:-



# 201278

**Christopher Bruckshaw MSSCh MBChA**

A registered member of the British Chiropody Association





## Parent and Toddler Group

Come along every Wednesday and Friday to the Octagon Room.  
Start: 9:45 to 11.15 am

£1.90 for 1<sup>st</sup> child, additional children £1.00 up to a maximum of £3.00 per family or childminder.  
Session welcomes all children aged from 0-4 years old.

We provide an opportunity for parents/ carers to meet new people.

Providing plenty of activities to stimulate every child's developmental stage.

(Puzzles, books, arts and crafts, Duplo, dressing up, musical instruments and lots more)

We also have outside toys used in our secure garden, weather permitting.

Snacks and Drinks are offered - we also cater for different dietary requirements.

If you would like to come to our group and feel that you would like to meet up with us before hand please call Ruth on 01954201890 or Vanessa on 01954 781140 for more information.

### WANTED

- caring host families for 3 Sardinian teenage girls (2 thirteen year olds and 1 sixteen year old), who will be here to improve their English. They will be arriving on 28th July for approximately two weeks (tbc). We do not have room to put them up ourselves, (we will host one), and can offer £15 a day for bed, breakfast and evening meal (£210). They will have some evening meals with us, but this will not change the rate.

Two of them were here 2 years ago and really liked Bar Hill, which is why they are back again!

Please contact: Jan Farndale, 36 Chestnut Rise 01954 780245 for details.

### ARE YOU A JOGGER? .....

Is there any person who wants a running/jogging partner in the village. I am new to running and would like someone who is also new to it or would like to start running around the ring road 2 or 3 times a week. You can email me on [tst37@hotmail.co.uk](mailto:tst37@hotmail.co.uk) or call me on 07964274081



### FOR SALE

PETROL ROTARY LAWN-MOWER nearly new £35 ono

PATIO HEATER for table mounting with gas bottle £15 ono

Telephone Tony on Bar Hill 01954 202536 or Mob 07831895007

### THE MAPLE SURGERY, BAR HILL



#### Experienced HEALTH CARE ASSISTANT

16 - 20 hours per week  
Salary dependent upon qualifications and experience

We are looking for an enthusiastic, hard working, flexible and conscientious person with excellent communication skills to work within our Maple Team. They must have a friendly, helpful, warm and caring manner and have the ability to work without close supervision to deliver a high quality service to our patients.

Main duties will include taking blood, ECG's, urine testing, chaperoning, spirometry, smoking cessation advice (following training), assisting with clinics as required and providing support to the nursing team.

Previous experience in a health care setting essential, with previous HCA/nursing experience. Ability to offer some flexibility in working hours, by agreement, may be required.

Applications should be made in writing, including CV, to Mrs P Hawitt Palmer, Managing Partner, Maple Surgery, Bar Hill Health Centre, Hanover Close, Bar Hill, Cambridge CB23 8EH.

For more information please contact Trish Hawitt Palmer, Managing Partner by email [trish.hawittpalmer@achc.nhs.uk](mailto:trish.hawittpalmer@achc.nhs.uk) or telephone on 01480 483100.

Closing date for applications: 11 June 2010





Bar Hill Parish Council  
Parish Council Offices  
(Near the Health Centre and Octagon)  
Tel: 780456  
Email: [bhillpc-1@btconnect.com](mailto:bhillpc-1@btconnect.com)

**Parish Council Web Site – [www.barhillpc.org.uk](http://www.barhillpc.org.uk).**

This will keep you up to date on current affairs in the village including meeting minutes and agenda.

**For all you regular walkers out there**

The County Council has produced a Countryside Access Map entitled "Walks and Rides around the Northstowe Hundred". A very interesting history of the local countryside and lots of pleasant walks and bike rides for you enthusiasts. If you would like a map please call in to the office as I have been given a substantial supply.

**Dog Fouling**

Once again, I have had many residents complaining that dog owners are not clearing up after their dogs, especially on the village green. This is an area for everybody to enjoy so please pick up after your dogs.

**Police Surgery**

Now that we have a new PCSO, the surgeries will resume on the **third Wednesday of every month** between 10 am and midday. If you have any concerns please come along and meet the PCSO, who will be happy to help.

**Lost and Found**

I have various sets of keys that have been handed in and still have the MP3 Player that was found close to Acorn Avenue and Foxhollow. Also a watch was found over the last few weeks. Please visit the office if you think any of these items may belong to you.

**Tesco Stores**

After receiving complaints from several residents living in Gladeside and Robin Close about Tesco having their car park cleaned and litter picked as early as 2 am I wrote directly to head office and have now been informed that they will only hand litter pick at this time and the motorised vehicles will not start litter picking until 6am. I trust that the residents concerned will now be able to have a good night's sleep.

**Parking**

Once again this has become an issue of concern, especially in the Otter Close/Gardens area. I am appealing to those of you who own more than one vehicle to please use the garage that you have provided with your property, or at least park outside your own garage and not in front of the drives of other residents.

**Parish Council Meetings**

The next monthly Parish Council meeting will be on Thursday **17 June at 7 pm** in the Parish Council Office and all members of the public are welcome to attend.

**HANDY TELEPHONE NUMBERS**

Streetlights: 0800 253529 quoting the CCC No. (written on lamppost).

South Cambridgeshire District Council: (03450 450500) - this has changed!!

County Council (damaged paths and roads): (01223) 717111

Tesco—Stray trolleys 0808 1359054

TEXT store2065

EMAIL [9054@tescocomments.com](mailto:9054@tescocomments.com)

In each case give village and location of trolley

Leigh Baffa Parish Clerk Tel: 01954 780456

Email: [bhillpc-1@btconnect.com](mailto:bhillpc-1@btconnect.com)

**VILLAGE HALL**

To book or contact us at the village hall, please telephone 01954 782414 and leave a message and we will call you back or, e-mail [barhill.villagehall@btconnect.com](mailto:barhill.villagehall@btconnect.com)

During the week we have all the following groups and clubs.

Mon Helene Jones Dance 3.15-9 pm

Helene's class is run in school term times only

Tues Shotokan Karate 5.45-8.00 pm

Wed Honey's School of Performing Arts (NEW)  
3.45 – 6.45 pm

Wed Aerobics 6.45-9.00 pm

RC Fitness class (NEW) 8 – 9.30 pm

Thurs Children's Martial Arts 4.00-5.00 pm

Thurs Weightwatchers 7.00-8.00 pm

Fri Martial Arts 5-9.00 pm

Sun Martial Arts 10 am-12 noon

Sun Bingo 7.30-9.30 pm

*Carol Griffin*

**FOR SALE**

Conservatory Cane Furniture, two seater settee and two armchairs, including all cushions - all in very good condition  
Pastel colours - cream/peach/green

£100 or near offer

Telephone 01954 201268

**FOR SALE**

Conservatory furniture:  
very sturdy: good condition  
2/3 seater sofa, 2 chairs with high backs  
all cushions.  
terracotta/coral colour. £80 ono.  
Phone: 204366

Honey's School of Performing Arts  
*Street Dance - Hip Hop - Singing*

Wednesday 4 - 7

Bar Hill Octagon

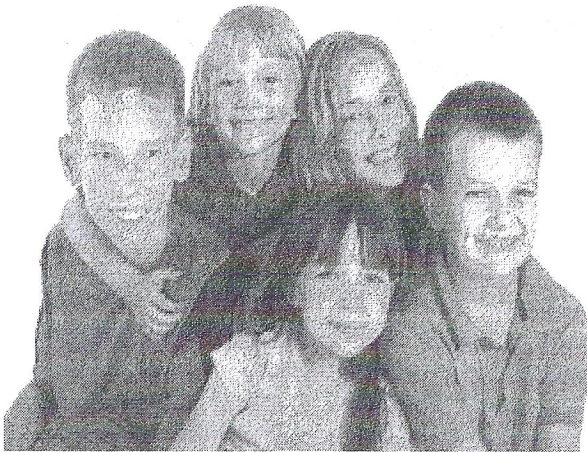
Ages 3-17

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EMAIL: [honeyzarts@aol.co.uk](mailto:honeyzarts@aol.co.uk)







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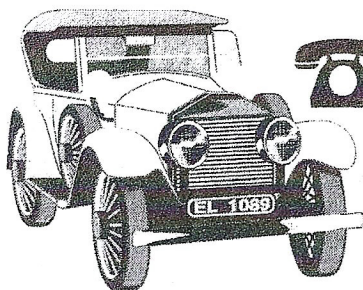
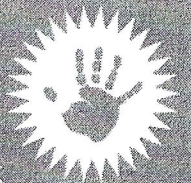
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and so is their treatment.



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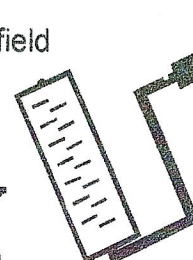
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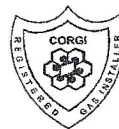
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Surgeries by appointment



**210250**

**Laura Wood  
BA, MA, VetMB, MRCVS**

Visits by arrangement

**Simon Shore  
MA, VetMB, MRCVS**

8.30 - 10.30 am & 4.30 - 7.00 pm Weekdays

9.00 - 11.00 am Saturdays, 10.00 - 11.00 am Sundays

**Dragan Tomovic  
BVSc, MRCVS**

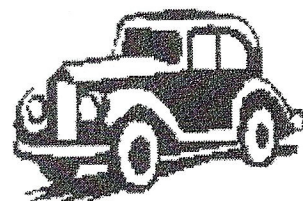


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Sat 8:00am to 12noon

**Honest advice with a smile,  
we go the extra mile!**







## CRICKET CLUB

We've had a frustrating start to the season, with rain and opponents canceling matches meaning appearances have been limited. At the time of writing, all three teams have played only one match each, sadly all resulting in defeat.

The firsts' defeat was at the hands of Cambridge Granta III, despite Pip Dickinson taking 4 for 33. **Martin Cullum** also took his 200<sup>th</sup> wicket for the club in that match.

Meanwhile, **David Fletcher's** innings of 56 not out was also in vain as the seconds lost their first league match at Milton III.

And completing a trio of good personal performances, **Nathan Dean** took 5 for 25 as the third team lost their first outing against Bottisham/Lode II.

The seconds at least had the consolation of being given 20 points when Needingworth II defaulted their match.

The only other action was in pre-season matches against Huntingdon, when **Neal Suckling** and **Ahmed Afaal** took three wickets each, and Girton, a match Bar Hill won thanks to three wickets from **Craig Driver** and an innings of 57 from Dickinson.

Unfortunately, we had to pull out of the under-13s league due to lack of numbers, and Tuesday youth training nights are not currently taking place, but if demand picks up, we will hopefully restart the sessions. Please contact me on the number below if you are interested.

**Adult nets** will take place every **Wednesday** at Cottenham Village College between 6.30 and 8pm.

In the month ahead, look out for the **chairman's challenge**, when the cricket club will take on a social club team on **June 20**.

And, looking ahead to the village fete, we will once again be pleased to meet your gourmet burger and sausage needs at our barbecue.

Finally, a few thank yous – to Andy Kent and Andy at Swavesey Mowers for servicing our groundkeeping equipment, and to Karl Konradt for a kind donation of sawdust, which will come in very handy in a typical British summer!

For more information about all our activities, visit [www.barhillcricket.org.uk](http://www.barhillcricket.org.uk) or call me on the number below.

### Upcoming fixtures at the village green:

- Sat June 5: Milton III (second XI, league)
- Sat June 12: Barley (first XI, league)
- Sun June 13: The Dohblers (friendly)
- Sat June 19: Dullingham II (second XI, league)
- Sun June 20: Chairman's Challenge (friendly)
- Sat June 26: Cambourne (first XI, league)

*Paul Simpson*  
201212



SPARC Building, Gladeside

Tel 07921 541549 or 01954 201079

and during club hours 07883 739368

We are situated in our purpose built building next to the School, with direct access from the playground. We provide childcare for children aged 4-12 in a safe, stimulating and caring home from home environment with trained and experienced staff. The children walk directly to us when school finishes, with the reception and infant children being met in the reception classes and then accompanied to our building by our staff.

Our children enjoy a wide range of inspiring equipment, games and craft activities, from pool to computer games, dressing up to craft and lots more, or if they prefer they can chill out on our comfy sofas. We also use the safe environment of the school playground for outdoor play. A snack, such as pasta, filled pittas etc followed by a biscuit and fresh fruit is provided. We make birthday cakes to celebrate each child's birthday, which we share.

We are registered with OSTED: this enables parents/guardians who are eligible, to claim up to 70% of their childcare costs. We are also able to accept childcare vouchers eg Fair Care and Busy Bees.

### Our opening hours are:

Term Time 3.10 pm – 6 pm Monday to Friday

School Holidays 8.15 – 6 pm Monday to Friday

### Our fees are:

Term Time £3.85/hour for 1<sup>st</sup> child and £3.45/hour for siblings, which includes the snack.

School Holidays which also include the snack have special day rates:

8.15 am – 6 pm £25.00 (£2.63/hr)

8.30 am – 1 pm £14.00

1.15 pm – 5.30 pm £14.00

10 am – 12 pm Holiday craft sessions £5.00/Session

Whether you are looking for full time, part time or just occasional childcare, or our special holiday craft sessions, we are able to offer all of these. Please feel free to contact us if you would like any more information or would like to come along and see what we have to offer.

*Patsie Cotter*

## CLEANER REQUIRED

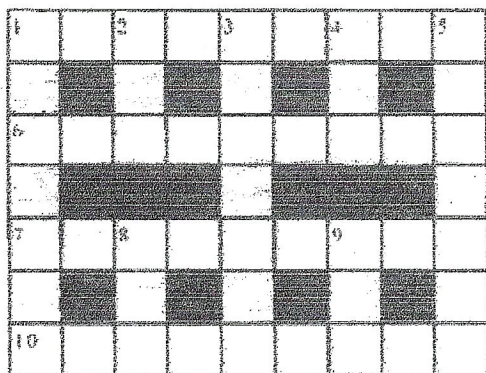
I am looking for a reliable cleaner to visit my house and clean communal areas (no bedrooms) for 2 hours a week. Preferably on a Thursday. Please call Jo on 07976 463944 if you are interested. Otter Gardens area.



## SOLUTION FOR MAY

**Across:** 1 blindfold, 6 Fairtrade, 7 absconded, 10 overtaken

**Down:** 1 buffalo, 2 lei, 3 Detroit, 4 ova, 5 Dresden, 8 sue, 9 dik.



## CLUES FOR JUNE

**Across:** 1 symbol of Ireland, 6 succulent Crassula, 7 Cape? NASA base, 10 consistently.

**Down:** 1 see 5, 2 holds up aircraft, 3 a reawakening of faith, 4 transport, 5 and 1 down Cookham artist, 8 scold or horse, 9 basic education.

## Bar Hill Ecumenical Church - Services for June 2010



A modern church for a modern village. Please join us on a Sunday to find out what happens inside; you will be made very welcome.

|          |         |                                                     |
|----------|---------|-----------------------------------------------------|
| Sun 6th  | 10 am   | Holy Communion                                      |
|          | 6:30 pm | Evening Worship (NEWS)                              |
| Sun 13th | 8 am    | Holy Communion                                      |
|          | 10 am   | Morning Worship                                     |
|          | 3 pm    | Family Fun (particularly for children up to Year 2) |
|          | 6:30 pm | Evening Prayer                                      |
| Sun 20th | 10 am   | Holy Communion                                      |
|          | 6:30 pm | Quiet Prayer                                        |
| Wed 23rd | 10 am   | Holy Communion                                      |
| Sun 27th | 10 am   | All Age Worship                                     |
|          | 6:30 pm | Holy Communion                                      |

A Roman Catholic service on Saturday evenings at 6 pm

### People to contact:

The minister: Rev Ruth Adams Tel: 01954 789369  
Church Centre Manager: Tel/Fax: 206120 (office hours Monday, Wednesday and Friday 9.30-10.30)  
Website [www.barhillchurch.com](http://www.barhillchurch.com)

## The Catholic Church of Our Lady and the English Martyrs Hills Road, Cambridge (The Catholic Church serving Bar Hill)

**Parish Priest:** Mgr Tony Rogers Tel: 01223 350787  
**Deacons:** Revd Robert Joyce, Tony Northrop and Tony Sutton  
**Local contact:** Bunt Waters Tel: 201421

**Mass at Bar Hill Octagon Saturdays: 6 pm First Mass of Sunday**

**Masses in the Parish Church in Cambridge**

Monday, Wednesday, Thursday, Friday 8 am and 12.15 pm  
Tuesday 8 am and 7.30 pm  
Saturday 6 pm First Mass of Sundays  
Also 5 pm at The Ark, Cambourne, and 6 pm at Bar Hill Church Centre

**Holydays of Obligation** 8 am, 10 am, 7.30 pm

**Sacrament of Reconciliation**

Tuesday 6.45 pm (not after Mass)  
Saturday 10.30 - 11.15 am, 4.30 - 5.15 pm, 7 - 7.45 pm

Details of other services are published in the weekly newsletter which is available at the 6 pm Mass each Saturday - copies are available in the Church Centre.

## AJ THE HANDY MAN/ MAINTENANCE

General gardening maintenance  
Removal of all rubbish  
Fencing - Shed - Playhouses supplied and erected  
Garden furniture available  
planters - seats - benches  
I also do Interior Joinery (fully qualified NVQ level 2)  
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**ALL JOBS CONSIDERED**  
**PLEASE CALL AJ ON 07954 407755**

## FOR SALE

### PROFESSIONAL ICE CREAM MAKER

Cusinart ice-cream maker with internal freezer. Makes excellent ice cream. Less than 12 months old, with 4 years' guarantee remaining. Cost £250, offers around £140. Can deliver in Bar Hill. Reason for selling - emigrating, incompatible power supply.

Contact Mary Brown - 204553





#### FITNESS CLASSES

MON 7:30 - 8:30pm at Swavesey Prim School  
BODY BLAST AEROBICS

\*\*\* NEW CLASS\*\*\*

WEDS 6:00 - 6:45pm, at Bar Hill Village Hall  
URBAN FUNK HIP HOP

WEDS 7:00 - 8:00pm, at Bar Hill Village Hall  
STEP

WEDS 8:00 - 9:00pm, at Bar Hill Village Hall  
FITNESS PILATES

All classes £3.50 per session, except for Pilates, which is £4.

Block bookings available, mats and resistance bands provided,  
all ages and abilities welcome, just come along!!!

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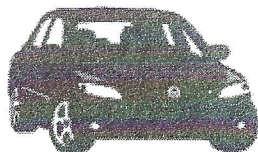
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Oakington Garden Centre,  
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## Total Relaxation

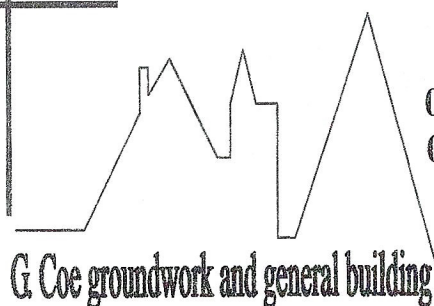
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NOW REGISTERED FOR FULL DAY CARE

We have two settings located at the Village Hall Centre and the Church centre. Our purpose built Pre-School attached to the Village Hall has bright and airy rooms and a large fully enclosed garden. At the Church centre we are situated in the meetings room with a secure enclosed garden. Both settings provide a safe, secure and stimulating learning environment for children aged 2 - 5 years.

The aim of Bar Hill Pre-School is to provide high quality care and education by focusing on each individual child's ability, encouraging their development through the Early Years Foundation Stage. Our main emphasis is learning through play and the Every Child Matters. Your child will be able to explore a variety of activities in an educational setting required by OFSTED. Our Key Person and Key Person Buddy system enables our Early Years team to meet the needs of each individual child through planning their own individual educational plan and next steps.

#### Session Times

##### Village Hall

|           |              |                              |
|-----------|--------------|------------------------------|
| Monday    | 9.00 - 11.30 | 12.30 - 3.00                 |
| Tuesday   | Play tots    | 12.30 - 3.00 (rising five's) |
| Wednesday | 9.00 - 11.30 | 12.30 - 3.00                 |
| Thursday  | 9.00 - 11.30 | 12.30 - 3.00                 |
| Friday    | 9.00 - 11.30 | 12.30 - 3.00                 |

##### Church Centre

|           |              |                              |
|-----------|--------------|------------------------------|
| Monday    | 9.00 - 11.30 | 12.30 - 3.00                 |
| Tuesday   | 9.00 - 11.30 | 12.30 - 3.00                 |
| Wednesday | 9.00 - 11.30 | 12.30 - 3.00                 |
| Thursday  | 9.00 - 11.30 |                              |
| Friday    | 9.00 - 11.30 | 12.30 - 3.00 (rising five's) |

*We offer a lunch club daily 11.30 - 12.30 at both settings*

#### Early Years Funding

We can offer your child 5 free sessions when your child is eligible, currently the term after their 3rd birthday.

#### Subsidised places

We offer reduced session rates for parents/carers on Income Support/Working tax credit. We also accept child care vouchers from the Busy Bee scheme.

#### Play Tots Session

9.15 - 10.45 Tuesday—Village Hall Setting

This is for children up to 5 years old including babies.

We have lots of fun and a large selection of indoor/outdoor activities including our soft play den and toys especially for the tots. Sessions are held on a pay as you play basis. Drinks and healthy snacks are provided.

#### Rising 5's Sessions

These sessions are for children in their final year at Pre-School. This is a more structured session preparing children for school entry.

For more information please contact the Pre-School direct on (01954) 782892 for the Village Hall setting or 07932482965 for the Church Centre setting during

session times or feel free to pop in and see us at both settings. Alternatively contact Sarah our session allocation Co-ordinator on (01954) 781871 before 7 pm weekdays.

Registered Charity No 1030725



How energy hungry is your home?

In the last 35 years or so, our electricity consumption has gone up a staggering 70% and our homes produce over a quarter of the UK's CO2 emissions.

With the UK's reserves running out, the cost of this energy is going up and up. We urgently need to reduce our energy consumption and bills.

But what appliances use the most energy in the home?

What's your wattage?:

|                         |       |                 |        |
|-------------------------|-------|-----------------|--------|
| Low-energy light bulb   | 11    | Iron            | 1,000  |
| Conventional light bulb | 100   | Dishwasher      | 1,000  |
| Stereo                  | 100   | Wash/machine    | 1,200  |
| Television              | 100   | Cooker ring     | 1,300  |
| Refrigerator            | 125   | Fan heater      | 2,000  |
| Computer                | 150   | Oven            | 2,150  |
| Freezer                 | 300   | Kettle          | 2,250  |
| Hairdryer               | 750   | Immer/heater    | 3,000  |
| Microwave               | 750   | Electric shower | 8,000  |
| Vacuum cleaner          | 800   | Cooker (all on) | 11,500 |
| Toaster                 | 1,000 |                 |        |

*(these are approximate, check appliance for exact figures)*

Here are some tips to minimise your appliances energy usage:

☺ Only boil the amount of water you need – whether it be in the kettle for your cuppa, or the amount you use to cook your vegetables

☺ Put a lid on the pan when cooking

☺ Invest in a slow-cooker. Over the course of the day it uses little more power than a conventional light bulb

☺ When you buy a new appliance look for the Energy Saving Recommended label and the European Union energy label, coded A to G (A being the most energy efficient) for fridges & freezers they have A++ , A+ categories!

☺ Turn down the temperature of your hot water system to around 60°C/140°F. Why waste energy having it so high that you need to add cold water!

☺ An electric immersion heater costs about 30p an hour, so just turn it on 30 minutes before you use it and turn it off when you are finished

**THE RESIDENTS' ASSOCIATION ACCEPTS NO RESPONSIBILITY FOR ANY CONSEQUENCES OF THIS ADVICE IF TAKEN**



## BAR HILL RESIDENTS' ASSOCIATION

### 08/09 Committee

|               |               |              |                 |
|---------------|---------------|--------------|-----------------|
| Chairman      | Roger Hall    | 780304       | 11 Almond Grove |
| Vice-Chairman | Ben Gallagher | 780526       | 11 Watermead    |
| Secretary     | Anil Pallan   | 01223 655620 | 72 The Spinney  |
| Treasurer     | Martin Avery  | 781233       | 34 Acorn Avenue |

### Bar Hill News

|                           |                  |                           |
|---------------------------|------------------|---------------------------|
| Editor                    | Margaret Sellars | C/o Parish Council Office |
| Advertising Co-Ordinator  | Bunty Waters     | 201421 77 Foxhollow       |
| Distribution Co-ordinator | Martin Avery     | 781233 34 Acorn Avenue    |

Also: Kirsten and Paul Goodfield (200228 15 Little Meadow), Jo Hall (11 Almond Grove 780304) and Juli Florek.

The Objectives of the Association are to act as an intermediary between the Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill. Opinions expressed in this publication and not necessarily those of the Association. **Anonymous letters will NOT be published, but names and addresses may be withheld.** However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

### Apology

This issue of the Bar Hill News has been unexpectedly delayed by about eight days. This was caused by a break-down of the printing machine.

### ADVERTISING

All matters relating to advertising should be addressed to the Advertising Co-ordinator (see above – email to [bunty.waters@ntlworld.com](mailto:bunty.waters@ntlworld.com))

¼ page adverts cost £14.50 per month and must be submitted by the 1<sup>st</sup> of the month prior to inclusion.

Maxi ads (£8.25 per month) and Mini ads (£5 per month) should be submitted by 15th of the month prior to their inclusion.

Sizes: Maxi 6 x 4.5 cm-9 x 6 cm. Mini 6 x 2 cm- 6 x 4 cm.

The ¼ page ads are for local businesses and we guarantee publication. This often results in a waiting list and, to help overcome this problem, we provide maxi and mini ads. These appear throughout the publication and we cannot guarantee their inclusion due to restrictions of space.

### EDITORIAL

There is no charge for Articles, What's On, For Sale and Lost and Found, and these appear at the Editor's discretion. Please submit items by 15th of the month.

All telephone numbers without an area code are Crafts Hill (01954).

All items can be submitted electronically on disc or to [bnheditor@yahoo.com](mailto:bnheditor@yahoo.com), or hard copy via Parish Council Office.

### The Maple Surgery

Doctors and Practice Nurses

**Surgery hours (tel 780442)**

Monday to Friday 8.30 am – 12 noon and 2 – 6 pm

**Out of Hours Emergencies tel 01223 464242**

**Midwife Monday 2 pm onwards**

**Physiotherapist Tuesday 2 – 5.15 pm**

**Podiatrist Monday, Wednesday and Friday 9 am – 12 noon**  
Wednesday and Friday 2 – 5 pm

**Psychological Therapies Team Thursday 9 am – 12 noon**

**Dietician 1<sup>st</sup> Tuesday of month 9.30 am – 12.30 pm**

**Orthoptist 2<sup>nd</sup> Tuesday of month 9 am - 12.30 pm**

**CAMTAD 4<sup>th</sup> Tuesday of month 9 – 11.30 am**

**Child Health Clinic 1<sup>st</sup> and 3<sup>rd</sup> Friday of month, 2 pm onwards**

**Health Visitors** are now based at Longstanton Branch Surgery, Magdalene Close, Longstanton (tel 781855)

### USEFUL TELEPHONE NUMBERS

● Church Office 206120 ● Conservative Party (Iris Lay) 205265 ● Happy Hours (Helen Collins) 782203 ● Liberal Democrat Party (Tom Flanagan) 780571 ● Library (renewals and enquiries) 0345 045 5225 ● Parish Council (Leigh Baffa) 780456 ● Police 0345 456 4564 ● Post Office 789285 (Harry) Pre-School 782892 ● Samaritans 01223 364455 ● School 273305 ● Social Club 781881 ● Swavesey Village College 230366

## BAR HILL VILLAGE HALL



Two halls (with Conference Facilities)

Wedding receptions

Birthday celebrations

Children's parties

Jumble sales

Conferences

Seminars

Training days

Exam sessions

Anniversary celebrations

Excellent parking and catering facilities



**782414**  
Answerphone

Email: [barhill.villagehall@btconnect.com](mailto:barhill.villagehall@btconnect.com)